



International Shotokan Karate Federation
of British Columbia
2922 St. Johns St. Port Moody, B.C.
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Shotokan Karate Seminars

July 1 to 4, 2010

Vancouver, British Columbia,
Canada



By:
Sensei Hiroyoshi Okazaki
7th Dan ISKF,
Instructor, International
Shotokan Karate Federation

USA Kumite Champion 2 times

USA Kata Champion 7 times

3rd Kata World Shotocup 1985

2nd Kata World Shotocup 1997

Kyu and Dan Seminar Information			
Date	Time	Level	Location
Thursday July 1, 2010	6:30pm to 7:30pm	Kyu Levels	Port Moody Dojo 2922 St. Johns Street Port Moody More info: Joe @ 604-469-3090
	7:30pm to 8:30pm	Black Belts	
Friday July 2, 2010	11:30am to 12:30pm	All Levels	Port Moody Dojo
	6:30pm to 7:30pm	Kyu Levels	Downtown YMCA 955 Burrard Street, Vancouver, BC
	7:30pm to 8:30pm	Black Belts	
Saturday July 3, 2010	10:00am to 11:00am	Kyu Levels	Port Moody Dojo 2922 St. Johns Street Port Moody More info: Joe @ 604-469-3090
	11:00am to 12:00pm	Black Belts	
	2:00pm to 4:00pm	Kenshusei	
Sunday July 4, 2010	10:00am to 11:00am	Kyu Levels	Port Moody Dojo 2922 St. Johns Street Port Moody More info: Joe @ 604-469-3090
	11:00am to 12:00pm	Black Belts	
	12:30pm	Dan Grading	

Seminar Registration

- **\$60.00** for first family member, and **\$40** for each additional family member.
- ISKF out of town attendees receive a **\$10** discount (one per family).
- US visitors rate – at par, no cheques please.
- Note – no single day rate.

Instructor Trainee Seminar: ISKF registered black belts only - **\$30.00**

Please make seminar fee cheques or money orders to: your home dojo or sensei