



International Shotokan Karate Federation  
of British Columbia  
2922 St. Johns St. Port Moody, B.C.  
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## Shotokan Karate Seminars

March 26 to 29, 2009

Vancouver, British Columbia,  
Canada



By:

**Shihan Yutaka Yaguchi**

Vice-Chief Instructor,  
International Shotokan Karate  
Federation

&

Chief Instructor, International  
Shotokan Karate Federation of  
British Columbia

Kyu and Dan Seminar Information			
Date	Time	Level	Location
Thursday March 26, 2009	6:30pm to 7:30pm	Kyu Levels	Port Moody Dojo 2922 St. Johns Street, Port Moody, BC More info: Joe @ 604-469-3090
	7:30pm to 8:30pm	Black Belts	
Friday, March 27, 2009	11:30am to 12:30pm	All Levels	Port Moody Dojo, 2922 St. Johns Street
	6:30pm to 7:30pm	Kyu Levels	Hinode Dojo 1555 Forbes Avenue, North Vancouver, BC More info: Krister @ 604-340-3319
	7:30pm to 8:30pm	Black Belts	
Saturday March 28, 2009	10:00am to 11:00am	Kyu Levels	Langara YMCA 282 West 49 <sup>th</sup> Avenue, Vancouver, BC More info: 604-666-9277
	11:00am to 12:00pm	Black Belts	
	4:00pm to 6:00pm	Kenshusei	Port Moody Dojo 2922 St. Johns Street, Port Moody, BC More info: Joe @ 604-469-3090
Sunday March 29, 2009	9:30am to 10:30am	Kyu Levels	Port Moody Dojo 2922 St. Johns Street, Port Moody, BC More info: Joe @ 604-469-3090
	10:30am to 11:30am	Black Belts	
	12:00pm	Dan Grading	

### Seminar Registration

- **\$60.00** for first family member, and **\$40** for each additional family member.
- ISKF out of town attendees receive a **\$10** discount (one per family).
- Single day rate - **\$30**
- US visitors – no cheques please, Canadian funds if possible.

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Instructor Trainee Seminar: ISKF Registered Black belts Only - **\$30.00**

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Please make Seminar fee cheques or money orders to: your home Dojo or Sensei

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Please make dan examination and dan registration cheques separate, and both payable to ISKFBC. See your Sensei for these fees.